



August/September 2019 Lunch Menu

The **FOOD FOR THOUGHT PROGRAM's** meals include the salad bar, milk, fresh fruit.

Lunch Prices: Elementary \$3.25 Middle & High School \$3.50 Reduced Price: \$.40

Breakfast Prices: Elementary \$1.75 Middle & High School \$2.00 Reduced Price: **FREE**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><u>Welcome Back!</u> Please pay ahead on your student's lunch account</p>	<p>You may qualify for Free or Reduced Meals! Check the website for application materials or call Jill Peacock at 370-7302 with questions.</p>	<p>Hot Breakfast will begin September 4th! Yogurt and Granola served daily</p>	<p>AUG 29 BBQ Pulled Pork Sandwich with Cole Slaw df/gf modified</p>	<p>AUG 30 Chicken Caesar Salad with Fresh Baked Roll gf modified</p>
<p>2 NO SCHOOL LABOR DAY</p>	<p>3 <u>Chef's Pasta</u> Cheese Raviolis with Housemade Marinara</p>	<p>4 Honey Mustard Chicken with Rice df/gf</p>	<p>5 Chef Andy's Famous Hot Ham and Cheese Sandwich gf modified</p>	<p>6 Pork Carnitas with Rice df gf modified</p>
<p>9 <u>Chef's Pasta</u> Hoisin Noodle Salad with Chicken df</p>	<p>10 Beef and Potato Curry with Rice df/gf</p>	<p>11 Rosemary Dijon Pork Loin with Rice df/gf</p>	<p>12 Chicken and Green Chile Enchilada</p>	<p>13 HALF DAY</p>
<p>16 <u>Chef's Pasta</u> Penne Pasta Parmesan with Italian Sausage</p>	<p>17 Cajun Creole Rice with Chicken and Sausage df/gf</p>	<p>18 Hot Dog Day! All-beef Kosher Franks with Fixings and Chips df gf modified</p>	<p>19 Beef Soft Taco with Rice and Beans gf modified</p>	<p>20 Crispy Chicken Ranch Wrap gf modified</p>
<p>23 <u>Chef's Pasta</u> Mediterranean Pesto Pasta with Chicken</p>	<p>24 BBQ Chicken with Cornbread gf modified</p>	<p>25 Taco Salad with Local Beef</p>	<p>26 Chicken Gyro with Tzatziki and Greek Salad gf modified</p>	<p>27 HALF DAY</p>
<p>30 Spaghetti with Housemade Marinara</p>	<p>Free and Reduced Price Applications EXPIRE on October 11th !! Turn in a new application BEFORE the expiration or put money on your student's lunch account</p>		<p><u>Community Dinner October 9th</u> 5:30 - 7:30 in the High School Commons Stay Tuned for Menu Announcement</p>	

In our effort to provide tasty, fresh and healthy meals, we may make changes to the menu at **Chef Andy's** discretion.

Per State Auditor:
NO MEAL CHARGING ALLOWED
Please keep current on your student's lunch account

ALLERGY ALERT!
Please submit a Medical Form

df = dairy free
gf = gluten free
modified = df or gf if a meal's component is not consumed

This institution is an equal opportunity provider.